## **PSHE**



## **Curriculum Intent for PSHE:**

All believe that each and every one of us is a special and valuable member of the world, sharing ideas, opinions and feelings and having self belief to help us grow and flourish.

All achieve an understanding and open communication style that we can use to explore the world around us in a safe and nurturing environment; knowing how to access new and unfamiliar situations safely and with confidence.

All create an environment where we feel safe and secure to be able to talk confidently about our mental and physical health, knowing that our ideas, worries, concerns and feelings will all be treated with respect.

All a family, sharing feelings, ideas and opinions about the world around us. Supporting each other as we grow and learn, navigating new and different feelings and emotions.

## Implementation of PSHE curriculum:

- Weekly PSHE sessions are held in each classroom, following the two year rolling cycle. This allows the children to build on and access learning when they are emotionally and academically ready, learning new strategies and techniques as they grow.
- School projects are linked to the Global Goals to ensure that all children build an awareness of the
  wider world and the issues that may arise as they grow and mature. This enables them to develop
  skills and strategies to support them as they leave our school.
- We thrive on coming together as a whole school to explore concepts, working alongside strong role models in older year groups and being able to form strong relationships throughout the school.
- We are pro-active about un-planned circle times; acknowledging and exploring issues that arise unexpectedly, supporting and encouraging children to talk through issues and concerns. All staff have
  a close and personal knowledge of each individual child, being able to act swiftly on notable changes in behaviour, demeanour and attitude.
- Children are provided with daily opportunities where they are challenged, enabling them to build
  on their resilience and endurance. Adults guide and support children through the emotions and
  feelings that come with facing new challenges and unfamiliar learning.
- Adults that work with key children, are trained in strategic ways to support and guide those with additional emotional needs.