

	Autumn		Spring		Summer	
CYCLE A						
EYFS, Year 1 & 2	Fundamental skills Dance	Target Skills Gymnastics	Ball skills Sending and receiving	OAA Fitness	Athletic skills Team building	Striking and fielding Invasion games
Year 3 & 4	Netball Dodgeball	Hockey Gymnastics	Basketball Dance	Handball Athletics	Swimming Archery	Swimming Golf
Year 5 & 6	Netball Dodgeball	Hockey Gymnastics	Basketball Dance	Handball Athletics	Swimming Archery	Swimming Golf
CYCLE B						
EYFS, Year 1 & 2	Fundamental skills Gymnastics	Ball skills Dance	Ball skills Sending and receiving	OAA Fitness	Athletic skills Team building	Striking and fielding Invasion games
Year 3 & 4	Tennis Gymnastics	Tag Rugby Dance	Football Gymnastics	OAA Dance	Athletics Cricket	Rounders Ultimate Frisbee
Year 5 & 6	Tennis Gymnastics	Tag Rugby Dance	Football Gymnastics	OAA Dance	Athletics Cricket	Rounders Ultimate Frisbee