



Welcome

Term 1

Friday 9th October

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Well done to this week's winners -
the blue house with 229 points!



Parents' Evening

Tuesday 3rd & Wednesday 4th November



Appointments will be available to book from Monday lunchtime via the forms section on Parentmail.

If your child has an IEP, this will be sent home before Parents Evening so you can read it through before hand.

Reminder...



16th October - Harvest Celebration



22nd October 1.30-2.30pm - Open Afternoon Stay and Play

This week's Worship

This week we asked the big Question: How can we have hope when things are difficult?

Inspired by how Jesus calmed the storm, we've asked ourselves what we could do to help calm our inner storms.



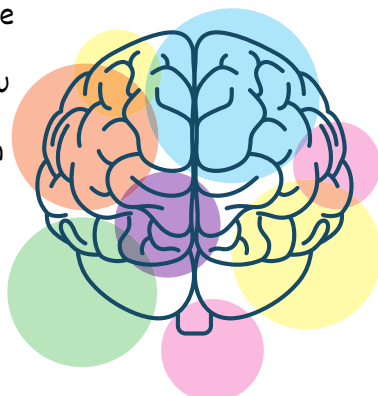
Wellness Wednesdays

Looking after our mental health and wellbeing is just as important as looking after our physical health!

Every Wednesday, Miss MacLachlan leads our Wellness Wednesday Worship, helping children learn simple strategies to understand and manage their emotions.

We enjoy our Zones of Regulation song, followed by a quiet minute of breathing and reflection.

This week, we're exploring finger exercises as a way to help us feel calm and regulated. We've also introduced a Blue Zone Sharing Box, where children can share times they've felt sad, tired or low and what helped them feel better. Small strategies can make a big difference!



Safeguarding – Roblox

We know Roblox is a popular game with lots of our children!

While it can be great fun, it's important to remember that children may be able to chat and interact with people they don't know.

Please take a few minutes to check your child's privacy settings, parental controls and who they are playing with.

A little chat about staying safe online can make a big difference!

For helpful advice, visit the [NSPCC's Roblox safety guide](#).